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Development of Social Skills

First Session: Let's Get to Know Each Other

This class will focus on the children, and parents getting to know each other through a variety of activities. Activities include: The Name game; motor Imitation; building blocks/puzzles; pretend play with a kitchen, and food set; bean bag throw; and the tunnel crawl. This session will include working on:

- Parallel Play Skills
- Imitative Play
- Following Directions/Taking Turns/Sharing

Second Session: Learning to Ask or What I Want and Need

This class will continue to focus on play skills. Activities include: Grab bags; Making an Art Project; the Elephant Balloon Game; Making a Farm.

This session will include working on:

- Cooperation/Listening Skills
- Answering wh___, and yes/no questions
- Learning to ask for things (toys/materials/turns)

Third Session: My Emotions and Me

This class will focus on emotions. Activities include: Identifying emotion pictures; playing a game of I feel "_____" when; playing a game of Emotion Bingo (using our bodies); Reading Books and Discussion of Story.

This session will include working on:

- Identifying Emotions/Examples of why we may feel certain way
- Identifying emotions through storytelling

Fourth Session: It's Nice to Meet You

This class will focus on talking to Peers, and Adults. Activities include: Pretend play in a variety of situations to practice using simple manners/introductions etc; a scavenger hunt & matching game. This session will include working on:

- Simple Manners & Greetings

Fifth Session: Wrap - Up of Group

- Eye contact & Communication
- Turn Taking & Sharing when playing
- How to greet Peers & Adults
- How to Identify & Appropriately communicate feelings
- Reviewing simple manners
- Making a picture book

Barbara Hantsbarger M Ed. – Instructor

There must be 6 participants signed up for class. It is one time a week with the option of providing a second class the same week if there is interest. Please call to register or you can register online at www.therapyplay.com.