

Signs That Your Child May Benefit from an Evaluation with a Physical Therapist

Physical Therapy Gross Motor

- Decreased strength
- Decreased range of motion in joints
- Is clumsy/awkward
- Falls frequently
- Has had a recent fracture or surgical procedure
- Is not meeting developmental milestones on time
- Was premature
- Has difficulty with movement
- Has skeletal abnormalities
- Has orthotic needs (is flat footed, has feet that turn inward or outward)
- Difficulty learning new motor tasks
- Has difficulty transitioning from one position to another (i.e. getting up from the floor)
- Tires easily with physical activity
- Keeps his/her head turned to one side
- Seems "floppy"
- Lacks head control at 6 months
- Is unable to run or jump by 3 years



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